

Jump Up

Jump up and turn around and touch your nose

Jump up and turn around and tickle your toes

Jump up and turn around and count to three

Say "I can be anything I want to be"

Jump up and turn around and wiggle your bum

Jump up and turn around and raise your thumb

Jump up and turn around and count to four

Bend right over and touch the floor

Jump up and turn around meet someone new

Jump up and turn around do what you want to do

Jump up and turn around and count to five

Hands on the steering wheel, pretend to drive

Jump up and turn around and kiss your knee

Jump up and turn around pretend you're a tree

Jump up and turn around and count to 10

Sit on the floor ready to start again!